

When Spirit and Wild Medicine collaborate.

We support sustainable and organic farming practices and pride ourselves in providing our community with artisanal herbal products made with over 80% locally sourced herbs.



Herbal Formulas

Made with organic cane alcohol and organically grown or wildcrafted herbs.

Formulas: \$22/2 oz., \$42/4 oz. (unless otherwise noted.)

Custom Formulas: \$12/1 oz., \$22/2 oz., \$42/4 oz.

Adrenal All Stars: \$24/2 oz., \$46/4 oz. Stay on top of your game with our best team yet! We took the original Adreno Support and added 4 more of our top players; Maca, American Ginseng, Ashwagandha and Sacred Basil. This team of All-Stars will build sustainable energy throughout your season and keep you on the winning team!! For best results, take for 3-12 months.

Allerg-Ease: A combination of our Clear Sinus formula and Nettles; this is a wonderful aid for seasonal allergies. Serves as a natural anti-histamine and suppresses inflammation of the sinuses.

Berry Blast: A nutritive blend of antioxidant rich foods including: acai berry, bilberry, elderberry, goji berry, hawthorn berry and green tea. Supports heart function, healthy vision and daily immune system response.

Bitters Tonic: Tones and stimulates chronic sluggish digestion.

Cardio Care: Supports and nourishes heart function with potent blood cleansers and circulatory herbs.

Changing Times: Helps with hot flashes, anxiety, insomnia and other menopausal symptoms; a great formula for menopause, perimenopause and hormone balancing.

Circulate: Great for poor circulation. This formula increases general circulation of the blood, improving blood flow to the extremities, enhances memory and cognitive function. Useful for treating varicose veins, hemorrhoids, memory loss, and cold hands and feet.

Clear Sinus: Helps with itchy eyes, runny nose, blocked ears and other allergy/cold symptoms.

Cold Care: Supportive with any kind of cold or flu. Stimulates your immune system, reduces fever and helps to stop the beginning of general infections.

Cramp Relief: \$24/2 oz., \$46/4oz. A tasty cordial for killer menstrual cramps and cramps during ovulation.

Deep Breath: A lung tonic and respiratory aid, deep breath helps to ease spasmodic coughs due to asthma or bronchial issues, giving the opportunity for the body to take a breath.

Digestive Aid: \$24/2 oz., \$46/4oz. A delicious peppermint flavored formula for any GI disturbance, i.e.: gas pains, nausea, diarrhea, and constipation; a perfect after-dinner cordial. Take 1-2 teaspoons as needed.

Echinacea-Osha: Good for sore throats, infections, coughs, and mouth and gum problems. A great herbal antibiotic. This product may also be used externally for infected cuts. (Note: This formula contains propolis, people who are allergic or sensitive to bees may not be able to use propolis.)

Fibro-Care: This herbal combination helps ease pain specific to fibromyalgia. Also helpful for arthritis and headaches.

Flower Power: \$24/2 oz., \$46/4oz. A magical bouquet of wild and cultivated flowers from the Artemisia gardens, infused into a tincture to nourish the spirit and lighten the heart. Use for depression or grief and to bring joy and peace to the soul.

HerpEase: Helps to treat the infectious disease of the skin. Brings your emotions back in balance.

Immune Booster: Use for chronic immune disorders; also an excellent formula to help prevent colds and flus.

Inflamma-Relief: A delicious blend of ginger, turmeric and black pepper. Helps balance and promote the health of the body's inflammation response. Supports brain function, joint function and liver function. Many claim a sense of general well-being when taken regularly.

Insight: NEW! A formula to help strengthen and support vision. Our blend contains herbs with nutritive properties to support healthy blood sugar levels, reduce inflammation, and relieve stress within the eyes. The nutritive qualities, coupled with the antioxidant nature of the berries help to protect from damaging effects of free radicals, create a holistic approach to vision wellness.

Lomatium Balsam: Respiratory anti-viral formula great for long lasting winter coughs; helps resolve long-term respiratory problems.

Lymph Flow: Builds the immune system and works as a lymphatic cleanser. Use for swollen glands, lymph nodes and sore throats.

Men's Rejuvenating Formula: This formula helps with lack of energy due to adrenal fatigue, and helps to rekindle vitality within the male system.

MigraCalm: A must for migraines, use preventively as well as during the onset of migraine symptoms.

Mouth and Gum: This formula is great for any mouth and gum sore, bleeding gums, ulcers and any kind of mouth infection.

Mullein Grindelia: Good for wet and dry coughs and deep lung congestion; also use as a lung tonic. Great for smokers and those trying to quit smoking.

Muscle Relaxant: Helps relieve pain from muscle tightness and soreness; use for injuries, fibromyalgia and general muscle soreness. Also a sleep enhancer. Pairs well with the Muscle Ease Liniment.

Nourishment Formula: \$24/2 oz., \$46/4 oz. A rich blend of fluid extracts and tinctures - a tonic for the entire body. Builds "chi" (energy); nourishes the liver, the blood, the kidneys and gives an overall sense of well-being.

Parasite Formula: Treats any type of parasitic infection. Reduces pain in the abdomen and de-stresses the digestive system.

Regenerate: NEW! \$24/2oz, \$46/4oz. A well rounded formula we consider to be our "super system booster" tincture which uses strengthening herbs such as Reishi and Ginsengs to deeply revitalize both the immune system and the adrenals. Great for anyone with chronic or auto-immune issues.

Roots Plus: Nourishing and building tonic for the liver, kidneys, skin and digestive tract.

Skin Tonic: Very helpful for acne that occurs in adolescence or young adulthood. Also for women who experience flare-ups during hormonal shifts of their menstrual cycle.

Sound Asleep: Use specifically for insomnia and waking in the middle of the night.

Stomach Formula: Helps with indigestion, bloating, gas and stomach cramps; best taken after meals.

Sugar Balance: Particularly useful with treatment of Type II Adult Onset Diabetes. Lowers blood sugar, protects the eyes and nerves. Increases cells' ability to use glucose; supports adrenal glands.

Tranquility: Feeds, relaxes and soothes the nervous system; takes the edge off stressful situations and calms the spirit.

Triple Mushroom: \$28/2 oz., \$54/4 oz. A deep immune builder and anti-toxin combination of reishi, shiitake and maitake mushrooms which nourish and support the whole body, an excellent anti-oxidant for auto-immune diseases and cancer support.

Viral Defense: We chose the best anti-viral herbs available and blended them into this formula. This is your best defense against the increasing virulence of flu strains during the cold winter months.

Simples

(single herb tinctures)

\$20/2 OZ. We make over 200 single tinctures. Contact us for a complete listing.

Herbal Honeys

\$15/11 OZ. Made with local raw unfiltered honey and organically grown or wildcrafted herbs.

Osha Honey: A must for the winter months, this medicinal honey can be used for coughs, colds, flus, the immune system and stomach aches; also great on toast and oatmeal. Children love it!

Lavender Honey: Provincial flavor with a soothing scent, perfect for toast, scones and tea. Guaranteed to lift the spirits!

Candied Osha Root: \$15/3 oz. We take fresh wildcrafted osha root and steep it in local honey to create this candied osha root. A milder source of osha than the fresh or dried root. Cut off a small piece to chew to soothe a sore throat, or drop a piece in a cup of tea to aid with a cough or cold. It will quickly become a favorite for your family's health.

Osha Cough Syrup: \$18/4 oz. Our best anti-viral respiratory formula; a great cure-all for every kind of cough. A combination of roots and herbs steeped in honey and added tinctures for an extra medicinal punch. Your kids will love it too!

Herbal Vinegars & Oil

Our vinegars are made with organic, raw, unfiltered apple cider, with the mother. These delicious vinegars are a great addition to salad dressings, marinades and sweet and sour sauces. Apple cider vinegar has historically been used as a daily supplement to promote general well being.

Cilantro Vinegar : \$15/12 oz. Cilantro is specifically used as a heavy metal detox. A wonderful way to detox the body and enjoy the many benefits of apple cider vinegar.

Piñon Vinegar : \$15/12 oz. This apple cider vinegar is high in Vitamin C and captures the essence of the Southwest high mesa desert in its fabulous aroma and taste. A great culinary addition to your kitchen!

Turmeric Ginger Vinegar: \$10/5oz. A unique fresh mixture, this vinegar uses locally cultivated turmeric and ginger to provide a refreshing, slightly sweet taste! Great to tonify tissue and reduce inflammation in the body.

Desert Oil Blend : \$15/8 oz. This blend of tarragon, piñon, and local garlic infused in extra virgin olive oil is great for culinary use in salad dressings or a bread dipping. Mix with our infused vinegars for a taste to delight the senses!

Bath & Beauty

Lavender Rejuvenating Face Cream: \$25/2 oz., \$45/4 oz., \$75/8 oz.

A best seller, this gentle fragrant cream will help your skin stay softer, smoother and more vibrant. Regular use can help smooth fine lines and wrinkles, reverse sun damage and improve the elasticity of the skin. Use before bed and wake up to a refreshed and replenished new you!

Deep Cleansing Facial Scrub: \$18/4 oz. Our fine powdered mix of organically grown adzuki beans, oats and fresh herbs, gently cleans and exfoliates while softening the skin. Gentle enough for the face, this non drying scrub can be used on the entire body.

Floral Facial Serum: \$20/.5 oz. A beautiful serum made with wildcrafted rose petals, rose hips and resin-rich calendula flowers infused in unrefined apricot kernel oil. Hydrating, nutritive and restorative for all skin types. Used regularly, this serum restores vitality and suppleness to the face. Especially effective when used with our Lavender Bliss.

Lavender Bliss: \$20/2 oz. Enjoy all the benefits of lavender in this pure hydrosol. Use this versatile mist to uplift and relax mood and skin whether in traffic, at work or at home. Lavender is used world wide to relieve tension and bring calm to the nervous system, mind and body. Also helps deter mosquitoes.

Lavender Bath Salts: \$15/1lb. Relax in this lavender flower and lavender essential oil infused epsom salt bath treat!

Lavender Body Lotion: \$20/8 oz. Our wonderful combinations of paraben-free, apricot kernel oil, jojoba oil, organic herbal extracts and organic essential oils makes this hand and body lotion a fabulous product. It's a non-greasy, easily absorbed and emollient moisturizer.

Lavender Body Butter: \$25/2 oz., \$45/4 oz.

This combination of organic shea butter, olive oil, apricot kernel oil, vitamin E oil, calendula and lavender essential oil is a deeply nourishing balm for the entire body but especially for the neck, breasts and hips, attending to wrinkles, stretch marks and scar tissue.

Lavender Nights Oil: \$25/8 oz. Our blend of sensuous oils & fragrances is designed to activate your senses. This aromatic oil may be used as a massage oil or splashed into a hot bath. A delightful sensation for your home spa.



Herbal Salves

\$15/2 oz. Made with organic olive oil, pure beeswax and organically grown or wildcrafted herbs.

Calendula Salve: A disinfectant and aid for slow healing cuts and wounds. Calendula stimulates rebuilding of skin cells, helping to repair the epidermal layer and minimize scarring; perfect for diaper rash and abrasions.

Chaparral Salve: Slows down and inhibits the growth of bacteria with chaparral's antimicrobial properties. Can help protect skin from UV rays and useful as a sunburn treatment.

Healing Salve: For scratches, cuts, chapped lips, dry skin and light burns. A great aid for treating eczema and a general support for healthy skin.

Rio Grande Salve: Antibiotic, antiseptic, anti-fungal, antibacterial and anti-itch; great for bug bites.

Trementina Salve: An all-purpose New Mexican folk remedy, made from the sap of the piñon tree. Draws out splinters of glass and wood. Also great for boils.



Herbal Oils

\$18/2 oz. Made with organic olive oil and organically grown or wildcrafted herbs.

Arnica Oil: For sore, achy muscles, sprains and bruises where skin is not broken.

Arnica Hypericum Oil: \$20/2 oz. A unique oil blend of arnica, hypericum and white sage; best used topically for bruises, sprains, strains, arthritis, nerve pain, nerve damage, and any injury or trauma to the body. For external use only where skin isn't broken.

Breast Oil: \$20/2 oz. An all-organic oil blend for self breast massage, lymphatic drainage and fibrocystic problems; also, helps break down scar tissue after surgery.

Calendula Oil: For diaper rash, dry skin, inflammation and skin irritation; a mild and soothing oil, it's also great for after bath skin care.

Chaparral Oil: Anti-inflammatory and anti-septic properties of chaparral make this an excellent oil to assist treatment of eczema, psoriasis and arthritic pain.

Ear Oil Drops: \$12/1 oz. dropper bottle. For ear aches and ear infections. Always treat both ears. Warm to room temperature.

Hypericum Oil: For sciatica specifically, nerve pain in general.

Lavender Oil: \$20/2 oz. Our own hand picked organic lavender flowers steeped in apricot kernel oil and blended with organic lavender essential oil; used for bath and body. It calms the body and uplifts the spirit.

White Sage Oil: Traditionally used for spiritual cleansing and purification, this sage, native to California, can be used in the bath as an incense for self massage.

Muscle Ease Herbal Liniment: \$20/2 oz. The same herbal ingredients as our Arnica Hypericum oil. It's a valuable anti-inflammatory, best used for bruises, muscle sprains and strains, arthritis and any time there has been an injury or trauma to the body. Do not use on open wounds.

Itch Away: \$20/2 oz. A topical spray that can help relieve the itch from bug bites or skin exposed to poison ivy or oak. Helps dry up the rash.

Ordering Information:

To place an order call us at 505-579-9190.

Find us at www.artemisiaherbsnm.com for more information.

Payment

We accept checks, money orders, credit cards, and venmo. There is a \$25 service charge for returned checks. NM Residents add 7-8% to order total. Shipping and handling is calculated as your order.

You can find select products locally at:

La Montanita Co-op (Albuquerque & Santa Fe locations)

The Herb Store (Albuquerque)

The Hive Market (Santa Fe)

Cid's Food Market (Taos)

Los Alamos Co-op (Los Alamos)

Santa Fe Farmers' Market (year-round on Saturdays)

Downtown Grower's Market (Albuquerque)

Herbalist and Owner, Susan Feavearyear, is available for the following sessions:

Herbal consultations

Energy healing/chakra balancing

Matrix energetics and spiritual counseling

\$100 - \$200 a session and \$1/minute for acute herbal consultations.

Contact Susan at 505 - 699 - 9266 or by e-mail at susan.feav@gmail.com.